

I am at my best when I am a contributor to projects and people..

I will try to prevent times when pressured and ridiculed..

I will enjoy my work by finding employment where I can Research new ideas to help others..

I will find enjoyment in my personal life through travel and study new places and things..

I will find opportunities to use my natural talents and gifts such as music, organizing, creating, decision making, persistence, courage, kindness.

I can do anything I set my mind to. I will start my own business to include things I love.

My life's journey is to be positive in the dark, help others when needed, raise my son, be a good wife, love my family, succeed at tasks.

I will be a person who She was always kind and reached out to me when I needed her to. She created ideas that helped me grow, she remembered me when others didn't, she made me laugh.

My most important future contribution to others will be To contribute equally, to laugh uproariously, to hold close loved ones, to be willing to explore new worlds, to leave a memory of how I helped to others..

I will stop procrastinating and start working on:

I really need to exercise more and eat less

I really need more hobbies

I really miss playing a piano

I will strive to incorporate the following attributes into my life:

persistence and performance

toughness and desire to achieve

laughter and perspective

I will constantly renew myself by focusing on the four dimensions of my life:

walk, bike or yoga

attend church, pray, reflect

be positive, be loving, be open minded

be creative, be kind, be honest

rewritten November 2009 while studying THE SEVEN HABITS OF HIGHLY EFFECTIVE PEOPLE by Covey again